



GoldHaven Provides Chilean Strategy Update Including the Release of Several Property Claims in the Maricunga District; Update on IR Activities

Vancouver, British Columbia – (CNW. – March 31, 2023) – GoldHaven Resources Corp. (CSE: GOH) (OTCQB: GHVNF) (FSE: 4QS) (“GoldHaven” or the “Company”) reports that, given the positive results from the Company’s 2022 Smoke Mountain exploration campaign in southern British Columbia, GoldHaven’s management and the board of directors, have decided to release five (5) property claims (news release dated August 12, 2020), also known as the Apolo project, in the Chilean Maricunga Gold Belt. In keeping with this decision, the Company is cancelling the proposed Plan of Arrangement with Oro Atacama SpA as announced on January 5, 2023. The Plan of Arrangement proved untenable due to myriad of reasons. Despite this, the Company is continuing in negotiations with the management of Oro Atacama SpA in an attempt to create a more expeditious and less burdensome deal structure that is attractive to both parties.

Investor Relations Update

The Company further reports that they will settle the first three months payments due to Liviakis Financial through a shares for debt settlement. The Company will issue 1,624,600 shares at a deemed price of \$0.05. All securities issued will have a hold period of four months plus one day.

GoldHaven entered into an agreement with Liviakis Financial Communications Inc. ("Liviakis Financial") beginning January 1, 2023, whereby Liviakis Financial would provide investor relations services to the Company for a period of 12 months. Liviakis Financial is based in San Francisco, California and has experience with providing investor relations services to junior public companies. The Company and Liviakis Financial are at arm's length. This shares for debt agreement represents full and complete payment to Liviakis for his past services, and no further payables are being accrued by Liviakis to GoldHaven at this time.

About GoldHaven Resources Corp.

GoldHaven Resources Corp. is a Canadian junior metals exploration Company focused on acquiring and exploring highly prospective land packages in both Canada and Chile. GoldHaven is making exploration progress at its Smoke Mountain property (Canada) which is strategically located in the Central British Columbia Porphyry-Epithermal Belt in close proximity to Surge Copper’s Berg project, as well as its Pat’s Pond claim in Newfoundland’s Central Newfoundland Gold Belt (Canada). Pat’s Pond is strategically located in close proximity to Marathon Gold’s 3.14 Moz¹ Valentine Gold Project and on strike from the Boomerang/Domino VMS deposit. Pat’s Pond is highly prospective for gold, copper, silver and zinc and has large scale discovery potential. GoldHaven also maintains a strategic presence in the gold and silver rich Maricunga Gold Belt of Northern Chile. The Company’s projects in this region include Coya, located approximately 16

km northeast of the La Coipa mine; Rio Loa, located 25 km south of Gold Fields' Salares Norte deposit (5.2 million ounces of Gold²) and also Coya 6. GoldHaven engages proactively with local and Indigenous rightsholders and seeks to develop relationships and agreements that are mutually beneficial to all stakeholders.

On Behalf of the Board of Directors

*David Smith,
President & Director*

For further information, please contact:

Bonn Smith,
Business Development
www.goldhavenresources.com
bsmith@goldhavenresources.com
Office Direct: (778) 200-8990

Neither the CSE nor its Regulation Services Provider (as that term is defined in the policies of the CSE-Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.

News Release References

1 <https://marathon-gold.com/valentine-gold-project/>

2 Jamasmie, C., 2019. Gold Fields Salares Norte project in Chile granted environmental permit. December 18, 2019, 9:29am. Exploration Intelligence Latin America Gold Silver. <https://www.mining.com/gold-fields-salares-norte-project-in-chile-granted-environmental-permit/>

Cautionary Statements Regarding Forward Looking Information

This news release contains forward-looking statements and forward-looking information (collectively, "forward looking statements") within the meaning of applicable Canadian and U.S. securities legislation, including the United States Private Securities Litigation Reform Act of 1995. All statements, other than statements of historical fact, included herein including, without limitation, the intended use of the proceeds received from the Offering, the possible acquisition of the Projects, the Company's expectation that it will be successful in enacting its business plans, and the anticipated business plans and timing of future activities of the Company, are forward-looking statements. Although the Company believes that such statements are reasonable, it can give no assurance that such expectations will prove to be correct. Forward-looking statements are typically identified by words such as: "believes", "will", "expects", "anticipates", "intends", "estimates", "plans", "may", "should", "potential", "scheduled", or variations of such words and phrases and similar expressions, which, by their nature, refer to future events or results that may, could, would, might or will occur or be taken or achieved. In making the forward-looking statements in this news release, the Company has applied several material assumptions, including without limitation, that investor interest will be sufficient to close the Offering, and the receipt of any necessary regulatory or corporate approvals in connection with the Offering and the Assignment, that there will be investor interest in future financings, market fundamentals will result in sustained precious metals demand and prices, the receipt of any necessary permits, licenses and regulatory approvals in connection with the future exploration and development of the Company's projects in a timely manner, the availability of financing on suitable terms for the exploration and development of the Company's projects and the Company's ability to comply with environmental, health and safety laws.

The Company cautions investors that any forward-looking statements by the Company are not guarantees of future results or performance, and that actual results may differ materially from those in forward-looking statements as a result of various factors, including, operating and technical difficulties in connection with mineral exploration and development activities, actual results of exploration activities, the estimation or realization of mineral reserves and mineral resources, the inability of the Company to obtain the necessary financing required to conduct its business and affairs, as currently contemplated, the inability to close the Offering, the inability of the Company to enter into definitive agreements in respect of the Letters of Intent which are the subject of the Assignment, the timing and amount

of estimated future production, the costs of production, capital expenditures, the costs and timing of the development of new deposits, requirements for additional capital, future prices of precious metals, changes in general economic conditions, changes in the financial markets and in the demand and market price for commodities, lack of investor interest in future financings, accidents, labour disputes and other risks of the mining industry, delays in obtaining governmental approvals, permits or financing or in the completion of development or construction activities, changes in laws, regulations and policies affecting mining operations, title disputes, the inability of the Company to obtain any necessary permits, consents, approvals or authorizations, including by the Exchange, the timing and possible outcome of any pending litigation, environmental issues and liabilities, and risks related to joint venture operations, and other risks and uncertainties disclosed in the Company's latest interim Management's Discussion and Analysis and filed with certain securities commissions in Canada. All of the Company's Canadian public disclosure filings may be accessed via www.sedar.com and readers are urged to review these materials.

Readers are cautioned not to place undue reliance on forward-looking statements. The Company undertakes no obligation to update any of the forward-looking statements. The Company undertakes no obligation to update any of the forward-looking statements in this news release or incorporated by reference herein, except as otherwise required by law.